Lithuanian Americans support Ukraine. We condemn Russian aggression. We ask that the United States of America and all free nations take immediate action to defend Ukraine and bring stability and peace back to the region and the world. We cannot stand by and allow Putin’s hunger for power and blatant disregard for human dignity and international law to go unchecked.

We thank President Biden for new sanctions, but partial sanctions are not enough. We cannot "wait a month to see what happens."

The Lithuanian American Community calls for the following:

- Designate the Russian government as a state-sponsor of terrorism
- Designate Putin as a war criminal
- Enforce the Magnitsky Act by sanctioning Russian leaders who have violated human rights
- Cut off all Russian access to the SWIFT network for international financial transfers
- Block all assets and all transactions of Russian banking institutions
- Embargo Russian oil and gas
- Increase NATO reinforcements to all Baltic nations
- Provide humanitarian assistance to displaced Ukrainians
- Recognize Holodomor as a genocide
- Ban Russian propaganda accounts from social media
- Ban all air travel over Russia

Putin has used military force in Ukraine on a level that has not been witnessed since the last World War, and this cannot be allowed.

Stop Putin NOW.

Take action NOW.

Help Ukraine and protect Lithuania.

**Seven things YOU can do NOW to make a difference:**

1. Please write to your elected officials and send them this message above. Here is how to find their addresses:
   - Contact your Representative: [https://www.house.gov/representatives/find-your-representative](https://www.house.gov/representatives/find-your-representative)
   - Contact your Senators: [https://www.senate.gov/senators/senators-contact.htm](https://www.senate.gov/senators/senators-contact.htm)

2. Sign up for the Baltic Call to Action. Write to Dzintars Dzilna dzdzielna@gmail.com

3. Support longstanding advocates for Baltic freedom: [www.jbanc.org](http://www.jbanc.org) and [www.baltivist.com](http://www.baltivist.com)

4. Contact your local Ukrainian organizations, and support their initiatives. Find them through the Ukrainian Congress Committee of America [https://ucca.org](https://ucca.org)

5. Donate to vetted Ukrainian charitable relief organizations in the US: United Ukrainian American Relief Committee [https://www.uuarc.org](https://www.uuarc.org)

6. If you are comfortable making donations to organizations abroad, BLUE/YELLOW is recommended by Lithuanian Parliament Representative Dalia Asanavičiute: PAYPAL info@foblueyellowukraineusa.org

7. Call in to radio talk shows that are discussing Ukraine (CSPAN, NPR A1, and your local stations) and provide facts.

National Executive Committee