Contact your Representative: <https://www.house.gov/representatives/find-your-representative>

Contact your Senators: <https://www.senate.gov/senators/senators-contact.htm>

DATE

Dear NAME OF ELECTED OFFICIAL,

I am proud that Lithuania was the first republic to declare its independence from the Soviet Union on March 11, 1990. I am grateful that the United States never recognized the Soviet occupation of Lithuania, and that the U.S. and Lithuania are this year celebrating 100 years of diplomatic relations.

I am also deeply concerned that the democratic values we share are being blatantly challenged by Russian President Vladimir Putin’s aggression towards Ukraine.

Putin’s actions are an unequivocal violation of international law, and his violence towards Ukraine is a threat to Baltic and European security and global stability. Russian troops are amassed not only in Ukraine, but also in Belarus which has a 421 mile border with Lithuania, and in heavily weaponized and militarized Kaliningrad, also on Lithuania’s border.

Putin has brutally created an imbalance of force in the Baltic region, and this must countered, without delay. I ask you to support:

• Imposition of *full and immediate* sanctions against Putin and all his regime, including:

banning all air travel over Russia; embargo of Russian oil and gas; cutting off all Russian

access to the SWIFT network for international finance transfers; banning Russian

propaganda accounts from social media; removing Russia from the U.N. Security

Council.

• Establishment of *permanent* U.S. forces stationed on Lithuanian soil. Lithuania currently only hosts a non-overlapping, rotating U.S. Army battalion and rotating NATO alliance troops.

• Increases to U.S. defense funding for Lithuania under such programs as the Baltic Security Initiative, the European Deterrence Initiative, and Foreign Military Financing. Of note: Lithuania spends over 2 percent of GDP on defense; fully meets its NATO commitments; and purchases U.S.-made arms and equipment to increase its critical defense capabilities.

Lithuanian Americans stand in solidarity with Ukraine in their fight to maintain sovereignty. I ask you to condemn Russian President Vladimir Putin’s unlawful invasion of Ukraine, and to take all measures possible to protect Lithuania and all NATO neighbors and allies.

Respectfully yours,

NAME

CITY, STATE